



# National 4-H Creed

*I believe in 4-H club work for the opportunity it will give me to become a useful citizen.*

*I believe in the training of my HEAD for the power it will give me to think, to plan, and to reason.*

*I believe in the training of my HEART for the nobleness it will give me to become kind, sympathetic, and true.*

*I believe in the training of my HANDS for the dignity it will give me to be helpful, useful, and skillful.*

*I believe in the training of my HEALTH for the strength it will give me to enjoy life, resist disease, and to work efficiently.*

*I believe in my country, my state, and my community, and in my responsibility for their development.*

*In all these things I believe, and I am willing to dedicate my efforts to their fulfillment.*

Remember all four H's while you have fun in 4-H.

See how you can follow the 4-H Pledge.

Members should memorize and start each club meeting with the 4-H Club Pledge.

## **4-H CLUB PLEDGE -**

*I pledge:*

*My HEAD to clearer thinking,*

*My HEART to greater loyalty,*

*My HANDS to larger service, and*

*My HEALTH to better living*

*For my club, my community, my country, and my world.*

**4-H COLORS -** Green & White

**4-H CLUB MOTTO -** *To Make The Best Better*

**4-H CLUB EMBLEM -** Four-leaf clover with "H" on each leaf